

# New journal launched: International Journal of Coaching Psychology

Launched in August, 2020, The [International Journal of Coaching Psychology](#) is a peer reviewed journal that publishes theory, research and practice articles on all aspects of coaching psychology.

The International Journal of Coaching Psychology [editorial team](#) invite papers on the theory, research and practice of coaching psychology. Editorials are written by the editors on topics of general interest or journal policy. Perspectives, leading articles, invited papers and keynote speeches maybe commissioned from experts in the coaching psychology and applied fields.

The journal team welcome research and discussion papers, brief reports, short papers on techniques, book reviews and conference reports.

The journal is sponsored by the International Society for Coaching Psychology, a professional membership body.

The Editor is Dr Siobhain O'Riordan PhD.

[IJCP flyer](#)

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## Latest article by Centre

# staff on Neuroscience

## Moving forward neuroscience research

Research Fellows at the Centre for Neuroscience, Dr Nollaig Heffernan and Prof Stephen Palmer have just had an article published titled: *Moving forward neuroscience research in the fields of coaching psychology and sport psychology: Would Imagery Based Coaching be a useful area to research?*

In this discussion paper they briefly consider the problems that both coaching psychology and sport psychology researchers can encounter when undertaking neuroscience research. They propose that Imagery Based Coaching is an easier area to undertake neuroscience research, in contrast to conversational coaching.

The article can be read on the [Centre website](#) or downloaded from [ResearchGate](#).

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## Dr Nollaig Heffernan Joins The Centre for Neuroscience Faculty

We welcome Dr Nollaig Heffernan who joins the Centre for Neuroscience faculty. She is a Sport and Exercise Psychologist (BPS) and a member of the Psychological Society of Ireland. She is an independent Management Consultant and works with businesses from sole traders to multinationals specialising in Leadership and Management, Organisational Psychology,

Workplace Performance and Stress Management. In her role as a Sport Psychologist she works with all abilities from beginner to elite in a wide range of sports. She is a successful rowing coach with wins at national and international level. She regularly speaks at conferences and universities as a specialist lecturer or guest speaker and is a contributing author to a number of business books including the Association for Coaching's Psychometrics in Coaching and Leadership Coaching.



Her interests include the neuroscientific make-up of high performing individuals, the cross-discipline transfer of effective coping strategies, resilient leadership and enhancing wellbeing in the workplace. She has co-authored (with Stephen Palmer) a paper, *Moving forward neuroscience research in the fields of coaching psychology and sport psychology: Would Imagery Based Coaching be a useful area to research?* which will be published in *Coaching Psychology International* this summer.